

DR KATE MAHONEY

RESEARCH MANAGER



PROFILE

Kate is the Research Manager at Healthwatch Essex and a Community Fellow in the Department of History at the University of Essex. She was awarded her PhD from the University of Warwick in 2017. Her doctoral thesis constituted an in-depth qualitative study on feminist mental health activism in England from 1968-1995. As a Postdoctoral Research Fellow on the Wellcome Trust-funded project ‘Body, Self, and Family: Women’s Psychological, Emotional, and Bodily Health in Britain, c.1960-1990’ (University of Essex), Kate and her colleagues developed an expansive collection of interviews focused on women’s everyday health experiences, due to be archived at the British Library in 2022. She also designed, developed, and managed ‘Seeing Red: Periods and Protest’, a community engagement project with 120 girls from across Essex that raised awareness about period poverty and the stigma surrounding menstruation. Kate has secured funding from the Wolfson Foundation, Economic and Social Research Council and the Women’s History Network. In 2019, she was awarded a University of Essex Excellence in Education Award and was a University of Essex Celebrating Excellence in Research and Impact Early Career Researcher Award runner-up in 2021. Kate has published on a wide range of topics, including women’s health, feminist politics, oral history, and researchers’ emotions. Her first sole-authored book *Feminist Mental Health Activism in England, c. 1968-1995* was published by Manchester University Press in 2023.

RESEARCH INTERESTS

Everyday health
Feminism
Gender studies
Health activism
History of health and medicine
Medical and Health Humanities
Researcher emotions
Qualitative research methods
Women’s health

SELECTED PUBLICATIONS:

- Loughran, T., Mahoney, K., and Payling, D. (forthcoming) *Women’s Everyday Health in Britain, c. 1960-1990: Self, Body, and Family*. Manchester: Manchester University Press.
- Loughran, T., Froom, H., Mahoney, K., and Payling, D. (forthcoming) ‘Everyday Health’, Embodiment, and Selfhood since 1950. Manchester University Press.
- Mahoney, K. (2023). *Feminist Mental Health Activism in England, c. 1968-1995*. Manchester: Manchester University Press.
- Loughran, T., Mahoney, K., and Payling, D. (2022). Reflections on remote interviewing: negotiating participant and researcher emotions. *Oral History*.
- Loughran, T., Mahoney, K., and Payling, D. (2021). Women’s voices, emotion and empathy: engaging different publics with “everyday” health histories. *Medical Humanities*.
- Mahoney, K. (2018). “It’s Not History. It’s My Life”: Researcher Emotions and the Production of Critical Histories of the Women’s Movement. In T. Loughran & D. Mannay (Eds.), *Emotion and the Researcher: Sites, Subjectivities and Relationships* (pp. 65-80). Bingley: Emerald Publishing Ltd.
- Mahoney, K. (2018). The Political, Emotional and Therapeutic: Personal Histories of Consciousness-raising in the English Women’s Liberation Movement’. In J. Häberlen, M. Keck-Szajbel and K. Mahoney (Eds.), *The Politics of Authenticity: Countercultures and Radical Movements Across the Iron Curtain, 1968-1989* (pp. 65-88). New York: Berghahn Books.