

BETH PITTUCK

RESEARCH OFFICER



PROFILE

Bethany Pittuck is a Research Officer at Healthwatch Essex. Prior to joining Healthwatch Essex, she studied BSc (Hons) Psychology at the University of Greenwich and completed her dissertation exploring the behavioural outcomes of the COVID-19 pandemic. Throughout her degree, she volunteered as a befriender for the Child and Adolescent Mental Health Service, which enhanced her passion for helping others. Beth has worked as a Research Intern for the University of Greenwich where she analysed quantitative data using SPSS, which contributed to a publication looking at staff and students sleeping patterns during COVID-19. She has also previously worked as an Assistant Psychologist (Research) where she self-learnt the statistical software R. Conducting mostly quantitative research, Beth was keen to develop her skills as a researcher and learn how to conduct qualitative research. Since being at Healthwatch Essex she has carried out her own observations and interviews as part of her research exploring frontline staffs' perspectives on participatory methods within healthcare. Beth has also provided graduate support to some of the Healthwatch Essex Research Ambassadors and is hoping to deliver training to them on the various qualitative methods that she has learnt.

RESEARCH INTERESTS

Mental health

Children and young people

Women's health

Graduate wellbeing

SELECTED PUBLICATIONS:

- Foster, H. J., & Rankin, S. (2022). Self-reported sleep during the COVID lockdown in a sample of UK university students and staff. *Healthcare*, 10(10)
- Keane, C., Waldeck, D., Holliman, A. J., Goodman, S., & Choudhry, K. (2021). Exploring the experience of anxiety among final year students at university: a thematic analysis. *Qualitative Report*, 26(8)
- Wise, T., Zbozinek, T., Michelini, G., & Hagan, C. C. (2020). Changes in risk perception and self-reported protective behaviour during the first week of the COVID-19 pandemic in the United States. *Royal Society of Open Science*, 7(9)