



# ARE YOU...

- **Passionate about making a difference to health and social care?**
- **Looking to develop your research skills?**
- **Keen to gain valuable experience doing research in a charity?**
- **Excited to be part of a supportive research community?**

Then become a...

**RESEARCH  
AMBASSADOR!**

**The Research Ambassador Network is open to anyone, whether you are new to research, want to know more, are a student, or are already working in research or health and social care.**

## **YOU WILL...**



**Learn how research can change health and social care services for the better.**



**Attend meet ups and meet distinguished academics to build your network.**



**Try out different research methods.**



**Directly engage with people's lived experiences of health and social care.**



**Support our research projects on issues affecting people in Essex.**

**If you would like to know more, contact our Research Manager, Dr Kate Mahoney.**



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