

# Healthwatch Essex Ambassador Role Description

Post Title: Healthwatch Essex Ambassador

Accountable to: Volunteer Officer Location: Coverage across Essex

**Duration:** up to maximum of 10hrs per month

Place of work: Home based (via email, phone, Skype), with occasional meetings.

Type of Role: This is a voluntary, unpaid role (reasonable travel expenses will be paid)

#### **About Healthwatch Essex**

Healthwatch Essex is an independent voice for the people of Essex. We collect the views and experiences of people across Essex, and use these to help improve, design and/or support the delivery of local health and social care services in the area. We also provide an information service to help people access, understand, and navigate the health and social care system. www.healthwatchessex.org.uk

We support a range of volunteers, who are involved in collecting and representing the voice of the people of Essex.

#### **Purpose of Role**

Healthwatch Essex volunteers are key to raising the profile of Healthwatch Essex, providing their own insights on services as well as becoming a direct interface for the general public. Our volunteers have an opportunity to make a real difference.

We are looking for volunteers in each CCG area to help attend crucial meetings in these areas. We would look to our volunteers to represent Healthwatch Essex's views and the people of that local area. We would ask that you take away information from each meeting and feedback to the appropriate person in Healthwatch to help us make a difference.

#### What you will be required to do

 Represent Healthwatch Essex at appropriate events, meetings and within your own communities. Promoting its value and purpose, to encourage and help others to share their views.

### **About you**

We are looking for people who are enthusiastic and passionate about wanting to improve the quality of services; you should be willing to share your own experiences and opinions of health and social care in Essex. You should also be capable of listening to, valuing and gathering the views and experiences of other people.

# What we are looking for

Skills	<ul> <li>Ability to listen to others.</li> <li>Clear and concise communicator.</li> <li>Empathy for others.</li> </ul>
Personal Qualities	<ul> <li>Approachable with a constructive, positive attitude.</li> <li>Ability to listen to others and express own view clearly and succinctly.</li> <li>Ability to articulate a patient perspective beyond personal experience where necessary.</li> </ul>

## What we will offer you

- An opportunity to have your say in relation to health and social care services in Essex
- The chance to meet other people with similar interests and understand their experiences, right across the county.
- Healthwatch Essex Volunteer Training Package which includes the power of voice and lived experience and understanding coproduction, as well as a range of other training courses.
- A dedicated member of Healthwatch Essex staff to support you.
- Reimbursement of reasonable travel expenses, in line with our Expenses Policy.
- Invitations to attend Healthwatch Essex events and the opportunity to be involved in other projects.
- Meetings held in accessible venues (please let us know if you have any accessibility needs, and we will explore how best to make reasonable adjustments).

For further information, please give us a call on 07483 329658 or email Larissa.Kerridge@Healthwatchessex.org.uk for an informal discussion about the role.

If you would like to apply for this role, please send a letter expressing your interest to Larissa Kerridge at the email above. Your letter should be no more than one A4 page long and give an outline of your background and why you are interested in becoming a Healthwatch Essex Ambassador. Successful applicants will be offered a telephone or a face to face interview at a convenient location.