



# Are you our next Healthwatch Essex Ambassador?

We're recruiting for Maternity Patient  
Partners in Mid & South Essex



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## Who are we?

Healthwatch Essex ensures your voice improves health and care. We're here to capture and understand the lived experience of people who use health and social care services in the county.

Working with the Mid & South Essex Foundation Trust, we are recruiting and supporting volunteers to become Maternity Patient Partners. You will represent the voice of the people of Essex.

## The Role

We are looking for new mums, dads and relatives who have accessed maternity services locally within the last 5 years to get in touch. Perhaps you want to have input into services either because of a positive maternity experience and you'd like to give something back? Or maybe your experience was not as you had expected, and you now want to help improve services for future families?

Your involvement as a Maternity Patient Partner could be through;

- Meeting NHS managers and clinical staff;
- Inputting into and challenging new proposals within maternity services;
- Reviewing leaflets and information given to new/expectant mothers and suggesting how to change or improve them;
- Engaging with other parents and families to gain their experiences - feeding this back to Healthwatch and the Trust to assist implementing positive change;
- Visiting hospital maternity departments and providing feedback on environmental improvements.

For more information, please visit our website or contact us directly with the details overleaf.

